

Cowboy Casanova by Carrie Underwood - WORKSHOP

5/28

START FORMATION: **Start-Columns** - During voiceover, walk to start position upstage hand on hip, SPLIT, facing other group.

Student Assignments: 1-Phyllis 2-Shavon 3-Karen 4-Debbie 5-Laureen 6-Jane 7-Lorraine 16-Joyce 8-Helen 9-Susan 10-Nieda 11-Margie 12-Joan 13-Nadine 14-Sue 15-Sybil																		
Formation 1: START-COLUMNS																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2		10		8										7		5		2
3		12		9										6		3		3
4		14		11										4		1		4
5	15	13														2	16	5

1x8: Instrumental

Upstage hand on hip, Shimmy Shake downstage pom in Low V

1x8: Instrumental

Shimmy Shake roll up downstage arm to High V

Intro 1 (Beginning)

MOVE TO FORMATION: **Wings** - Lasso & March

LASSO - SPLIT

1x8: Oh, oh

1-4: Lasso - STAGE RIGHT #1-7,16: circle High V arm *counterclockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, left pom on hip

1-4: Lasso - STAGE LEFT #8-15: circle Left High V arm *clockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, right pom on hip

5-8: ROW 1 March to positions, then HOLD; ALL Knock High V pom to 4 count

1x8: Oh, oh

1-4: Lasso - High V arm

5-8: ROWS 1 & 2 March to positions, then HOLD, ALL Knock High V pom to 4 count

1x8: Oh, oh

1-4: Lasso - High V arm

5-8: ALL ROWS March to positions, then HOLD, ALL Knock High V pom to 4 count

Student Assignments:

1-Phyllis 2-Shavon 3-Karen 4-Debbie 5-Laureen 6-Jane 7-Lorraine 16-Joyce
 8-Helen 9-Susan 10-Nieda 11-Margie 12-Joan 13-Nadine 14-Sue 15-Sybil

Formation 2: WINGS

Audience (Down Stage)

L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2						10		8		7		5						2
3				12			9				6			3				3
4		14			11								4				1	4
5	15		13												2		16	5

Verse 1**END OF LASSO - SPLIT****1x8: (1)** You better take it from1,2 turn to face forward, Punch high V arm down to Low V, step same side foot down3,4 hip arm Punch down to Low V, step same side foot down5,6 STAGE RIGHT punch Half T right, STAGE LEFT punch Half T left7,8 STAGE RIGHT punch Half T left, STAGE LEFT punch Half T right

Remaining Verse ALL TOGETHER

LOW V RIPPLE**1x8: me**, that boy is like a dis-1,2: ALL Inverted T3-8: ALL hold Inverted T while waiting for count; *on count* Low V, pop right knee HOLDGROUP 1: 3,4 #5-10GROUP 2: 5,6 #3,4,11,12GROUP 3: 7,8 #1,2,13,14,15,16**PUNCHOUT****1x8: -ease**, (instrumental) You're**Punchout** with **Jazz Square**: 1,2 Right Punch forward, step right foot forward; 3,4 Left Punch forward, cross left foot over right; 5,6 I, step right foot back to previous position; 7,8 arms down to side, step left foot back next to right**SHIMMY SHAKE****1x8: runnin'** and tryin' and tryin' to hide and you're wondering why you *can't get*March small steps one row forward, roll poms up shimmy-shaking to Goal Post**1x8: free** (instrumental) He's like a curse; he's like aMarch small steps one row back, roll poms down shimmy-shaking to side

V-STEP RIPPLE

1x8: drug, You get addicted to his

GROUP 3: V-Step - #1,2,13,14,15,16 **1** right arm High V, step right foot forward and diagonal right; **2** left arm High V, step left foot forward and diagonal left; **3** right arm to right hip, step right foot back to previous position; **4** left arm to left hip, step left foot back next to right; **5-8** HOLD with hands on hips

GROUP 2: V-Step - #3,4,11,12 **1,2** HOLD arms to side; **3** right arm High V, step right foot forward and diagonal right; **4** left arm High V, step left foot forward and diagonal left; **5** right arm to right hip, step right foot back to previous position; **6** left arm to left hip, step left foot back next to right; **7,8** HOLD with hands on hips

GROUP 1: V-Step - #5-10 **1-4** HOLD arms to side; **5** right arm High V, step right foot forward and diagonal right; **6** left arm High V, step left foot forward and diagonal left; **7** right arm to right hip, step right foot back to previous position; **8** left arm to left hip, step left foot back next to right

SEXY HIPS MAMBO

1x8: love, (instrumental) You

1-4: Right Forward Mambo (Sexy Hips) - poms remain on hips, **5** step right foot forward transferring weight to right; **6** shift weight to left; **7,8** right foot next to left, hold

5-8: Left Forward Mambo (Sexy Hips) - poms remain on hips, **5** step left foot forward transferring weight to left; **6** shift weight to right; **7,8** left foot next to right, hold

MOVE TO FORMATION: **Frog** - Shimmy Shake & March

KNUCKLES

1x8: wanna get out, but he's holding ya down 'cause you can't live without one more

1x8: touch (instrumental) He's a

March to new row and Shimmy Shake poms together

MIDDLE GROUP: #5-10 Shimmy Shake in front at waist

RIGHT GROUP: #1-4,16 Shimmy Shake to right shoulder

LEFT GROUP: #11-15 Shimmy Shake to left shoulder

ALL hold feet in place in new row and continue Shimmy Shake

Student Assignments:																		
1-Phyllis 2-Shavon 3-Karen 4-Debbie 5-Laureen 6-Jane 7-Lorraine 16-Joyce 8-Helen 9-Susan 10-Nieda 11-Margie 12-Joan 13-Nadine 14-Sue 15-Sybil																		
Formation 3: FROG																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2	15				11								4				16	2
3		14		12		10						5		3		1		3
4			13				9				6				2			4
5								8		7								5

Chorus 1 - ALL SPLIT

Section A

LOW/HIGH MAMBO [& PIVOT TURN]

1x8: (1) good time cowboy Casanova leaning

1x8: up against the record machine

Low/High Mambo x2

STAGE RIGHT #1-4,16 : **1,2** right forward mambo, Low V; **3,4** step together, Inverted T; **5,6** left back mambo, High V; **7,8** step together, Inverted T

STAGE LEFT #11-15: **1,2** left forward mambo, Low V; **3,4** step together, Inverted T; **5,6** right back mambo, High V; **7,8** step together, Inverted T

Pivot Turn x2

STAGE RIGHT # 5-7: **1,2** right foot forward, High V; **3,4** half pivot turn left, Inverted T; **5,6** right foot forward, Low V; **7,8** half pivot turn left, Inverted T

STAGE LEFT #8-10: **1,2** left foot forward, High V; **3,4** half pivot turn right, Inverted T; **5,6** left foot forward, Low V; **7,8** half pivot turn right, Inverted T

Section B

DIAGONAL

1x8: (He 1) looks like a cool drink of water but he's

Diagonal - moving OUT High V points out, moving IN High V points in

STAGE RIGHT #1-7,16: **1-4** OUT *angled to front right corner of stage*, right foot step, together, step, touch; **5-8** IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-15: **1-4** OUT *angled to front left corner of stage*, left foot step, together, step, touch; **5-8** IN move back to starting position, right step, together, step, touch

ROCKING CHAIR

1x8: candy-coated misery he's the

Rocking Chair Sway

STAGE RIGHT #1-7,16: *angled to front right corner of stage* - **1** step right foot forward, **2** shift weight to left, **3** step right foot back, **4** shift weight to left, while swaying low poms, bending elbows, swinging poms to shoulders **1** right, **2** left, **3** right, **4** left; **5-8**: Repeat

STAGE LEFT #8-15: *angled to front left corner of stage* - **1** step left foot forward, **2** shift weight to right, **3** step left foot back, **4** shift weight to right, while swaying low poms, bending elbows, swinging poms to shoulders **1** left, **2** right, **3** left, **4** right; **5-8**: Repeat

DIAGONAL

1x8: devil in disguise, a snake with blue eyes and he

Diagonal - moving OUT High V points out, moving IN High V point in

STAGE RIGHT #1-7,16: **1-4** OUT *angled to front right corner of stage*, right foot step, together, step, touch; **5-8** IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-15: **1-4** OUT *angled to front left corner of stage*, left foot step, together, step, touch; **5-8** IN move back to starting position, right step, together, step, touch

Section C

PUNCH-UP RIPPLE

1x8: only comes out at night, gives you

Punch-up OUT - Wait for count in Inverted T position

STAGE RIGHT: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) **1 #7; 2 #6; 3 #5; 4 #4; 5 #3; 6 #2; 7 #1,16; 8** all hold

STAGE LEFT: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) **1 #8; 2 #9; 3 #10; 4 #11; 5 #12; 6 #13; 7 #14,15; 8** all hold

1x8: feelings that you don't wanna fight you better run for your life

Punch-up in - Wait for count in Inverted T position

STAGE RIGHT #1-7,16: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) **1 #1,16; 2 #2; 3 #3; 4 #4; 5 #5; 6 #6; 7 #7; 8** all hold

STAGE LEFT #8-15: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) **1 #14,15; 2 #13; 3 #12; 4 #11; 5 #10; 6 #9; 7 #8; 8** all hold

Positions & Formation Numbers								
	Name	#	Start-Columns		Wings		Frog	
S T A G E R I G H T	Joyce	16	Row 5	Position 8	Row 5	Position* 8	Row 2	Position* 8
	Phyllis	1	Row 4	Position 7	Row 4	Position* 7	Row 3	Position* 7
	Shavon	2	Row 5	Position 7	Row 5	Position* 6	Row 4	Position* 6
	Karen	3	Row 3	Position 7	Row 3	Position* 5	Row 3	Position* 5
	Debbie	4	Row 4	Position 5	Row 4	Position* 4	Row 2	Position* 4
	Laureen	5	Row 2	Position 7	Row 2	Position* 3	Row 3	Position* 3
	Jane	6	Row 3	Position 5	Row 3	Position* 2	Row 4	Position* 2
	Lorraine	7	Row 2	Position 5	Row 2	Position* 1	Row 5	Position* 1
	Name	#	Start-Columns		Wings		Frog	
S T A G E L E F T	Patty	8	Row 2	Position 5	Row 2	Position* 1	Row 5	Position* 1
	Susan	9	Row 3	Position 5	Row 3	Position* 2	Row 4	Position* 2
	Nieda	10	Row 2	Position 7	Row 2	Position* 3	Row 3	Position* 3
	Margie	11	Row 4	Position 5	Row 4	Position* 4	Row 2	Position* 4
	Joan	12	Row 3	Position 7	Row 3	Position* 5	Row 3	Position* 5
	Nadine	13	Row 5	Position 7	Row 5	Position* 6	Row 4	Position* 6
	Sue	14	Row 4	Position 7	Row 4	Position* 7	Row 3	Position* 7
	Sybil	15	Row 5	Position 8	Row 5	Position* 8	Row 2	Position* 8

*Position remains the same