

Cowboy Casanova by Carrie Underwood

4/10

START on stage SPLIT, facing other group

Intro 2 counts of 8

1-8 x2: HOLD Right/Left High V (down stage arm in high V), other pom on hip

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 1: START																		
Audience (Down Stage)																	Notes:	
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2	10	8														7	5	2
3	12	9														6	3	3
4	14	11														4	1	4
5	13																2	5
6	U2																U1	6

Intro 1 (Beginning)

MOVE TO FORMATION: **Wings** - Lasso/High V Shake & March

LASSO - SPLIT

Oh, oh

1-4: **Lasso** - STAGE RIGHT #1-7: circle Right High V arm *counterclockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, left pom on hip

5-8: Starting with RIGHT FOOT, march to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

1-4: **Lasso** - STAGE LEFT #8-14: circle Left High V arm *clockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, right pom on hip

5-8: Starting with LEFT FOOT March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Oh, oh

1-4: **Lasso** - Right/Left High V arm

5-8: March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Oh, oh

1-4: **Lasso** - Right/Left High V arm

5-8: March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 2: WINGS																		
Audience (Down Stage)																	Notes:	
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2						10		8		7		5						2
3				12			9				6			3				3
4		14			11								4			1		4
5			13											2				5
6	U2																U1	6

Verse 1

END OF LASSO - SPLIT

(1-5) You better take it from

1-4: **1,2** turn to face forward, high V arm down to Low V, step same side foot down; **3,4** hip arm down to Low V, step same side foot down

5-8: shimmy-shake poms up to I

T & V PUNCHOUT - ALL TOGETHER

me, that boy is like a dis-

1-4: **1,2** Inverted I, pop left knee; **3,4** High V, pop right knee; **5,6** I, pop left knee; **7,8** Low V, pop right knee

ease, (instrumental) You're

1-8: **Punchout** with **Jazz Square**: **1,2** Right Punch forward, step right foot forward slightly left; **3,4** Left Punch forward, cross left foot over right; **5,6** I, step right foot back to previous position; **7,8** arms down to side, step left foot back next to right

SHIMMY SHAKE - ALL TOGETHER - UP & BACK

runnin' and tryin' and tryin' to hide and you're wondering why you *can't get*

1-8: March small steps one row forward, roll poms up shimmy-shaking to Goal Post

free (instrumental) He's like a curse; he's like a

1-8: March small steps one row back, roll poms down shimmy-shaking to side

V-STEP MAMBO - ALL TOGETHER

drug, You get addicted to his

1-4: **V-Step** (*Start RIGHT*) - **1** right arm High V, step right foot forward and diagonal right; **2** left arm High V, step left foot forward and diagonal left; **3** right arm to right hip, step right foot back to previous position; **4** left arm to left hip, step left foot back next to right

5-8: **Right Forward Mambo** (Sexy Hips) - poms remain on hips, **5** step right foot forward transferring weight to right; **6** shift weight to left; **7,8** right foot next to left, hold

love, (instrumental) You

1-4: V-Step (Start LEFT) - **1** left arm High V, step left foot forward and diagonal left; **2** right arm High V, step right foot forward and diagonal right; **3** left arm to left hip, step left foot back to previous position; **4** right arm to right hip, step right foot back next to left

5-8: Left Forward Mambo (Sexy Hips) - poms remain on hips, **5** step left foot forward transferring weight to left; **6** shift weight to right; **7,8** left foot next to right, hold

 MOVE TO FORMATION: **Frog** - Inverted T Shimmy Shake & March

KNUCKLES - ALL TOGETHER

wanna get out, but he's holding ya down 'cause you can't live without one more

1-8: March to new row with Inverted T with up/down shimmy shake, then hold feet in place

touch (instrumental) He's a

1-8: March to new row Inverted T with up/down shimmy shake, then hold feet in place

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 3: FROG																		
Audience (Down Stage)																	Notes:	
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2				11								4						2
3		14		12		10						5		3		1		3
4	U2		13				9				6				2		U1	4
5								8		7								5
6																		6

Chorus 1 - ALL SPLIT

Section A

LOW/HIGH MAMBO [& PIVOT TURN]

(1) good time cowboy Casanova leaning

1-8: Low/High Mambo

STAGE RIGHT #1-4, U1: **1,2** right forward mambo, Low V; **3,4** step together, Inverted T; **5,6** left back mambo, High V; **7,8** step together, Inverted T

STAGE LEFT #11-14, U2: **1,2** left forward mambo, Low V; **3,4** step together, Inverted T; **5,6** right back mambo, High V; **7,8** step together, Inverted T

1-8: Pivot Turn

STAGE RIGHT # 5-7: **1,2** right foot forward, High V; **3,4** half pivot turn left, Inverted T; **5,6** right foot forward, Low V; **7,8** half pivot turn left, Inverted T

STAGE LEFT #8-10: **1,2** left foot forward, High V; **3,4** half pivot turn right, Inverted T; **5,6** left foot forward, Low V; **7,8** half pivot turn right, Inverted T

up against the record machine

1-8: Repeat

Section B

DIAGONAL

(**He 1**) looks like a cool drink of water but he's

1-8: Diagonal - moving OUT High V faces out, moving IN High V faces in

STAGE RIGHT #1-7: **1-4** OUT *angled to front right corner of stage*, right foot step, together, step, touch;

5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14: **1-4** OUT *angled to front left corner of stage*, left foot step, together, step, touch; **5-8**

IN move back to starting position, right step, together, step, touch

ROCKING CHAIR

candy-coated misery he's the

1-4: Rocking Chair Sway

STAGE RIGHT #1-7: *angled to front right corner of stage* - **1** step right foot forward, **2** shift weight to left, **3** step right foot back, **4** shift weight to left, while swaying low poms, bending elbows, swinging poms to shoulders **1** right, **2** left, **3** right, **4** left

STAGE LEFT #8-14: *angled to front left corner of stage* - **1** step left foot forward, **2** shift weight to right, **3** step left foot back, **4** shift weight to right, while swaying low poms, bending elbows, swinging poms to shoulders **1** left, **2** right, **3** left, **4** right

5-8: Repeat

DIAGONAL

devil in disguise, a snake with blue eyes and he

1-8: Diagonal - moving OUT High V faces out, moving IN High V faces in

STAGE RIGHT #1-7: **1-4** OUT *angled to front right corner of stage*, right foot step, together, step, touch;

5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14: **1-4** OUT *angled to front left corner of stage*, left foot step, together, step, touch; **5-8**

IN move back to starting position, right step, together, step, touch

Section C

ROLLOFF OUT & IN

only comes out at night, gives you

1-8: Wait for count in Inverted T position

STAGE RIGHT #1-7,U1: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) **1** #7; **2** #6; **3** #5; **4** #4; **5** #3; **6** #2; **7** #1,U1; **8** all hold

STAGE LEFT #8-14,U2: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) **1** #8; **2** #9; **3** #10; **4** #11; **5** #12; **6** #13; **7** #14,U2; **8** all hold

feelings that you don't wanna fight you better run for your life

1-8: Wait for count in Inverted T position

STAGE RIGHT #1-7,U1: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) **1** #1,U1; **2** #2; **3** #3; **4** #4; **5** #5; **6** #6; **7** #7; **8** all hold

STAGE LEFT #8-14,U2: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) **1** #14,U2; **2** #13; **3** #12; **4** #11; **5** #10; **6** #9; **7** #8; **8** all hold

Intro 2 (Middle)

MOVE TO FORMATION: **Zipper** - Lasso/High V Shake & March

LASSO - SPLIT

Oh, oh

1-4: Lasso - STAGE RIGHT #1-7: circle Right High V arm *counterclockwise* - **1** in, **2** out, **3** in, **4** out bending knees down on the in, up on the out, left pom on hip

5-8: Starting with **RIGHT FOOT**, march to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

1-4: Lasso - STAGE LEFT #8-14: circle Left High V arm *clockwise* - **1** in, **2** out, **3** in, **4** out bending knees down on the in, up on the out, right pom on hip

5-8: Starting with **LEFT FOOT** March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Oh, oh

1-4: Lasso - Right/Left High V arm

5-8: March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Oh, oh

1-4: Lasso - Right/Left High V arm

5-8: March to positions, then in place, shake Right/Left High V pom to 4 count while marching/in place

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 4: ZIPPER																		
Audience (Down Stage)																	Notes:	
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2	U2		13		11		9				6		4		2		U1	2
3		14		12		10		8		7		5		3		1		3
4																		4
5																		5
6																		6

Verse 2

END OF LASSO - SPLIT

(1-5) I see that look on your

1-4: 1,2 face forward, high V arm down to Low V, step same side foot down; 3,4 hip arm down to Low V, step same side foot down

5-8: shimmy-shake poms up to I

T & V PUNCHOUT - ALL TOGETHER

face You ain't hearing what I

1-4: 1,2 Inverted I, pop left knee; 3,4 High V, pop right knee; 5,6 I, pop left knee; 7,8 Low V, pop right knee

say (instrumental) so I'll

1-8: Punchout with Jazz Square: 1,2 Right Punch forward, step right foot forward slightly left; 3,4 Left Punch forward, cross left foot over right; 5,6 I, step right foot back to previous position; 7,8 arms down to side, step left foot back next to right

SHIMMY SHAKE - ALL TOGETHER - UP & BACK

say it again 'cause I been where ya been and I know how it ends, you *can't get*

1-8: March small steps one row forward, roll poms up shimmy-shaking to Goal Post
away-ay-ay, don't even look in his

1-8: March small steps one row back, roll poms down shimmy-shaking to side

V-STEP MAMBO - ALL TOGETHER

eyes (oh, oh) he'll tell you nothing but

1-4: V-Step (*Start RIGHT*) - 1 right arm High V, step right foot forward and diagonal right; 2 left arm High V, step left foot forward and diagonal left; 3 right arm to right hip, step right foot back to previous position; 4 left arm to left hip, step left foot back next to right

5-8: Right Forward Mambo (Sexy Hips) - poms remain on hips, 5 step right foot forward transferring weight to right; 6 shift weight to left; 7,8 right foot next to left, hold

lies (oh, oh) and you

1-4: V-Step (*Start LEFT*) - 1 left arm High V, step left foot forward and diagonal left; 2 right arm High V, step right foot forward and diagonal right; 3 left arm to left hip, step left foot back to previous position; 4 right arm to right hip, step right foot back next to left

5-8: Left Forward Mambo (Sexy Hips) - poms remain on hips, 5 step left foot forward transferring weight to left; 6 shift weight to right; 7,8 left foot next to right, hold

MOVE TO FORMATION: **Spider** - Inverted T Shimmy Shake & March

KNUCKLES - ALL TOGETHER

wanna believe that you won't be deceived if you listen to me and take my

1-8: March to new row Inverted I with up/down shimmy shake, then hold feet in place

advice (instrumental) He's a

1-8: March to new row Inverted I with up/down shimmy shake, then hold feet in place

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 5: SPIDER																		
Audience (Down Stage)																		Notes:
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1																		1
2							9				6							2
3						10		8		7		5						3
4	U2				11								4				U1	4
5		14		12										3		1		5
6			13												2			6

Chorus 2 - ALL SPLIT

Section A

LOW/HIGH MAMBO [& PIVOT TURN]

(1) good time cowboy Casanova leaning

1-8: Low/High Mambo

STAGE RIGHT #1-4.U1: 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V; 7,8 step together, Inverted T

STAGE LEFT #11-14.U2: 1,2 left forward mambo, Low V; 3,4 step together, Inverted T; 5,6 right back mambo, High V; 7,8 step together, Inverted T

1-8: Pivot Turn

STAGE RIGHT #5-7: 1,2 right foot forward, High V; 3,4 half pivot turn left, Inverted T; 5,6 right foot forward, Low V; 7,8 half pivot turn left, Inverted T

STAGE LEFT #8-10: 1,2 left foot forward, High V; 3,4 half pivot turn right, Inverted T; 5,6 left foot forward, Low V; 7,8 half pivot turn right, Inverted T

up against the record machine

1-8: Repeat

Section B

DIAGONAL

(He 1) looks like a cool drink of water but he's

1-8: **Diagonal** - moving OUT High V faces out, moving IN High V faces in

STAGE RIGHT #1-7: 1-4 OUT *angled to front right corner of stage*, right foot step, together, step, touch;

5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14: 1-4 OUT *angled to front left corner of stage*, left foot step, together, step, touch; 5-8

IN move back to starting position, right step, together, step, touch

ROCKING CHAIR

candy-coated misery he's the

1-4: Rocking Chair Sway

STAGE RIGHT #1-7: angled to front right corner of stage - 1 step right foot forward, 2 shift weight to left, 3 step right foot back, 4 shift weight to left, while swaying low poms, bending elbows, swinging poms to shoulders 1 right, 2 left, 3 right, 4 left

STAGE LEFT #8-14: angled to front left corner of stage - 1 step left foot forward, 2 shift weight to right, 3 step left foot back, 4 shift weight to right, while swaying low poms, bending elbows, swinging poms to shoulders 1 left, 2 right, 3 left, 4 right

5-8: Repeat

DIAGONAL

devil in disguise, a snake with blue eyes and he

1-8: Diagonal - moving OUT High V faces out, moving IN High V faces in

STAGE RIGHT #1-7: 1-4 OUT angled to front right corner of stage, right foot step, together, step, touch; 5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14: 1-4 OUT angled to front left corner of stage, left foot step, together, step, touch; 5-8 IN move back to starting position, right step, together, step, touch

Section C

ROLLOFF OUT & IN

only comes out at night, gives you

1-8: Wait for count in Inverted T position

STAGE RIGHT #1-7,U1: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) 1 #7; 2 #6; 3 #5; 4 #4; 5 #3; 6 #2; 7 #1,U1; 8 all hold

STAGE LEFT #8-14,U2: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) 1 #8; 2 #9; 3 #10; 4 #11; 5 #12; 6 #13; 7 #14,U2; 8 all hold

feelings that you don't wanna fight you better run for your life

1-8: Wait for count in Inverted T position

STAGE RIGHT #1-7,U1: On the count, pop out left knee, left hand on hip, punch up right arm and shimmy shake (hold the shimmy shake) 1 #1,U1; 2 #2; 3 #3; 4 #4; 5 #5; 6 #6; 7 #7; 8 all hold

STAGE LEFT #8-14,U2: On the count, pop out right knee, right hand on hip, punch up left arm and shimmy shake (hold the shimmy shake) 1 #14,U2; 2 #13; 3 #12; 4 #11; 5 #10; 6 #9; 7 #8; 8 all hold

Intro 3 (End)

SPLIT (start facing audience) : EXIT (Turn)

LASSO - SPLIT

(Oh, oh), oh you better run for your

1-4: Lasso - STAGE RIGHT #1-7: circle Right High V arm *counterclockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, left pom on hip

5-8: Turn right and march toward EXIT, shake Right High V pom to 4 count

1-4: Lasso - STAGE LEFT# 8-14: circle Left High V arm *clockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, right pom on hip

5-8: Turn left and march toward EXIT, shake Left High V pom to 4 count

(Oh, oh) life, Oh, you better run for your life

1-4: Lasso - Right/Left High V arm

5-8: March toward EXIT, shake pom in Right/Left High V to 4 count while marching

(Oh, oh)

1-4: **Lasso** - Right/Left High V arm

5-8: March toward EXIT, shake pom in Right/Left High V to 4 count while marching

1 count of 8 Finish marching to EXIT

Positions & Formation Numbers							
Name	#	Start Position & Row	Stage Position	Wings Formation Row	Frog Formation Row	Zipper Formation Row	Spider Formation Row
	1	R8/4	<u>R7</u>	4	3	3	5
	2	R8/5	<u>R6</u>	5	4	2	6
	3	R8/3	<u>R5</u>	3	3	3	5
	4	R7/4	<u>R4</u>	4	2	2	4
	5	R8/2	<u>R3</u>	2	3	3	3
	6	R7/3	<u>R2</u>	3	4	2	2
	7	R7/2	<u>R1</u>	2	5	3	3
	8	L7/2	<u>L1</u>	2	5	3	3
	9	L7/3	<u>L2</u>	3	4	2	2
	10	L8/2	<u>L3</u>	2	3	3	3
	11	L7/4	<u>L4</u>	4	2	2	4
	12	L8/3	<u>L5</u>	3	3	3	5
	13	L8/5	<u>L6</u>	5	4	2	6
	14	L8/4	<u>L7</u>	4	3	3	5
	U1	R8/6	<u>R8</u>	6	4	2	4
	U2	L8/6	<u>L8</u>	6	4	2	4