

Cowboy Casanova by Carrie Underwood

7/12

START FORMATION: **Columns** - Walk to start position upstage hand on hip, SPLIT, facing other group.

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 1: COLUMNS																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1		10		8										7		5		1
2		12		9										6		3		2
3		14		11										4		1		3
4	U2	13														2	U1	4

1x8: Instrumental

Upstage hand on hip, Shimmy Shake downstage pom in Low V

1x8: Instrumental

Shimmy Shake roll up downstage arm to High V

Intro 1 (Beginning)

MOVE TO FORMATION: **Wings** - Lasso & March

LASSO - SPLIT

1x8: Oh, oh

1-4: **Lasso** - STAGE RIGHT #1-7, U1: circle High V arm *counterclockwise* - 1 in, 2 out, 3 in, 4 out
bending knees down on the in, up on the out, left pom on hip

1-4: **Lasso** - STAGE LEFT #8-14, U2: circle Left High V arm *clockwise* - 1 in, 2 out, 3 in, 4 out
bending knees down on the in, up on the out, right pom on hip

5-8: ROW 1 March to positions, then HOLD; ALL Knock High V pom to 4 count

1x8: Oh, oh

1-4: **Lasso** - High V arm

5-8: ROWS 1 & 2 March to positions, then HOLD, ALL Knock High V pom to 4 count

1x8: Oh, oh

1-4: **Lasso** - High V arm

5-8: ALL ROWS March to positions, then HOLD, ALL Knock High V pom to 4 count

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 2: WINGS																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1						10		8		7		5						1
2				12			9				6			3				2
3		14			11								4			1		3
4	U2		13												2		U1	4

Verse 1

END OF LASSO - SPLIT

1x8: (1) You better take it from

1,2 turn to face forward, Punch high V arm down to Low V, step same side foot down

3,4 hip arm punch Punch to Low V, step same side foot down

*ARMS at 2:00 & 10:00

5,6 STAGE RIGHT punch Half T right, STAGE LEFT punch Half T left

7,8 STAGE RIGHT punch Half T left, STAGE LEFT punch Half T right

Remaining Verse ALL TOGETHER

LOW V RIPPLE (front to back - 3 GROUPS)

1x8: me, that boy is like a dis-

1,2: ALL Inverted T

d Inverted T while waiting for count; on count Low V, pop right knee

ROW 2: 3,4 #5,7,8,10

ROW 3: 5,6 #3,6,9,12

ROWS 4 & 5: 7,8 #1,2,4,11,13,14,U1,U2

PUNCHOUT *ARMS at 2:00 & 10:00

1x8: -ease, (instrumental) You're

Punchout with Jazz Square: 1,2 Right Punch forward, step right foot forward; 3,4 Left Punch forward, cross left foot over right; 5,6 T, step right foot back to previous position; 7,8 arms down to Low V, step left foot back next to right

SHIMMY SHAKE *ARMS at 2:00 & 10:00

1x8: runnin' and tryin' and tryin' to hide and you're wondering why you can't get

March small steps one row forward, roll poms up shimmy-shaking to Goal Post

1x8: free (instrumental) He's like a curse; he's like a

March small steps one row back, roll poms down shimmy-shaking to Low V

V-STEP RIPPLE (back to front - 3 GROUPS)

1x8: drug, You get addicted to his

ROWS 4 & 5: V-Step - GO ON 1,2 #1,2,4,11,13,14,U1,U2 1 right arm High V, step right foot forward and diagonal right; 2 left arm High V, step left foot forward and diagonal left; 3 right arm to right hip, step right foot back to previous position; 4 left arm to left hip, step left foot back next to right; 5-8 HOLD with hands on hips

ROW 3: V-Step - GO ON **3,4** #3,6,9,12 **1,2** HOLD arms to side; **3** right arm High V, step right foot forward and diagonal right; **4** left arm High V, step left foot forward and diagonal left; **5** right arm to right hip, step right foot back to previous position; **6** left arm to left hip, step left foot back next to right; **7,8** HOLD with hands on hips

ROW 2: V-Step - GO ON **5,6** #5,7,8,10 **1-4** HOLD arms to side; **5** right arm High V, step right foot forward and diagonal right; **6** left arm High V, step left foot forward and diagonal left; **7** right arm to right hip, step right foot back to previous position; **8** left arm to left hip, step left foot back next to right

SEXY HIPS MAMBO

1x8: love, (instrumental) You

1-4: Right Forward Mambo (Sexy Hips) - poms remain on hips, **5** step right foot forward transferring weight to right; **6** shift weight to left; **7,8** right foot next to left, hold

5-8: Left Forward Mambo (Sexy Hips) - poms remain on hips, **5** step left foot forward transferring weight to left; **6** shift weight to right; **7,8** left foot next to right, hold

MOVE TO FORMATION: **Frog** - Shimmy Shake & March

KNUCKLES -

1x8: wanna get out, but he's holding ya down 'cause you can't live without one more

1x8: touch (instrumental) He's a

March to new row and Shimmy Shake poms together in front at waist, close to the body.

ALL hold feet in place in new row and continue Shimmy Shake

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 3: FROG																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1	U2				11								4				U1	1
2		14		12		10						5		3		1		2
3			13				9				6				2			3
4								8		7								4

Chorus 1 - ALL SPLIT

LOW/HIGH MAMBO [& PIVOT TURN]

1x8: (1) good time cowboy Casanova leaning

1x8: up against the record machine

Low/High Mambo & Pivot Turn

STAGE RIGHT #1-4,U1:

Mambo - **1,2** right forward mambo, Low V; **3,4** step together, Inverted T; **5,6** left back mambo, High V; **7,8** step together, Inverted T

Pivot - **1,2** right foot forward, High V; **3,4** half pivot turn left, Inverted T; **5,6** right foot forward, Low V; **7,8** half pivot turn left, Inverted T

STAGE LEFT #11-14.U2:

Mambo - 1,2 left forward mambo, Low V; 3,4 step together, Inverted T; 5,6 right back mambo, High V; 7,8 step together, Inverted T

Pivot - 1,2 left foot forward, High V; 3,4 half pivot turn right, Inverted T; 5,6 left foot forward, Low V; 7,8 half pivot turn right, Inverted T

Pivot Turn & Low/High Mambo

STAGE RIGHT # 5-7:

Pivot - 1,2 right foot forward, High V; 3,4 half pivot turn left, Inverted T; 5,6 right foot forward, Low V; 7,8 half pivot turn left, Inverted T

Mambo - 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V; 7,8 step together, Inverted T

STAGE LEFT #8-10:

Pivot - 1,2 left foot forward, High V; 3,4 half pivot turn right, Inverted T; 5,6 left foot forward, Low V; 7,8 half pivot turn right, Inverted T

Mambo - 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V; 7,8 step together, Inverted T

DIAGONAL

1x8: (He 1) looks like a cool drink of water but he's

Diagonal - moving OUT High V points out, moving IN High V points in

STAGE RIGHT #1-7.U1: 1-4 OUT *angled to front right corner of stage*, right foot step, together, step, touch; 5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14.U2: 1-4 OUT *angled to front left corner of stage*, left foot step, together, step, touch; 5-8 IN move back to starting position, right step, together, step, touch

ROCKING CHAIR

1x8: candy-coated misery he's the

Rocking Chair Sway

STAGE RIGHT #1-7.U1: *angled to front right corner of stage* - 1 step right foot forward, 2 shift weight to left, 3 step right foot back, 4 shift weight to left, while swaying low poms, bending elbows, swinging poms to shoulders 1 right, 2 left, 3 right, 4 left; 5-8: Repeat

STAGE LEFT #8-14.U2: *angled to front left corner of stage* - 1 step left foot forward, 2 shift weight to right, 3 step left foot back, 4 shift weight to right, while swaying low poms, bending elbows, swinging poms to shoulders 1 left, 2 right, 3 left, 4 right; 5-8: Repeat

DIAGONAL

1x8: devil in disguise, a snake with blue eyes and he

Diagonal - moving OUT High V points out, moving IN High V point in

STAGE RIGHT #1-7.U1: 1-4 OUT *angled to front right corner of stage*, right foot step, together, step, touch; 5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14.U2: 1-4 OUT *angled to front left corner of stage*, left foot step, together, step, touch; 5-8 IN move back to starting position, right step, together, step, touch

PUNCH-UP RIPPLE

1x8: only comes out at night, gives you

1x8: feelings that you don't wanna fight you better run for your life

Punch-Up OUT/IN - Wait for count in Inverted T position

STAGE RIGHT #1-7,16: 1,2 Turn right to face audience step right left, poms in Inverted T

OUT: On the first count right hand on hip, pop out right knee, punch up left arm; on the second count left hand on hip, pop out left knee, punch up right arm

IN: Repeat above moves

3,4 #7; 4,5 #6; 5,6 #5; 6,7 #4; 7,8 #3; 8,1 #2; 1,2 #1,16; 2,3 #2; 3,4 #3; 4,5 #4; 5,6 #5; 6,7 #6; 7,8 #7
STAGE LEFT #8-15: 1,2 Turn left to face audience step left right, poms in Inverted T
 OUT: On the first count left hand on hip, pop out left knee, punch up right arm; on the second count right hand on hip, pop out right knee, punch up left arm
 IN: Repeat above moves
 3,4 #8; 4,5 #9; 5,6 #10; 6,7 #11; 7,8 #12; 8,1 #13; 1,2 #14,15; 2,3 #13; 3,4 #12; 4,5 #11; 5,6 #10; 6,7 #9; 7,8 #8

Repeat Intro 2 (Middle)

MOVE TO FORMATION: **Zipper** - Lasso & March

LASSO - SPLIT

1x8: Oh, oh

1-4: **Lasso** - STAGE RIGHT #1-7.U1: circle Right High V arm *counterclockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, left pom on hip

5-8: March to positions, then in HOLD, shake High V pom to 4 count

1-4: **Lasso** - STAGE LEFT #8-14.U2: circle Left High V arm *clockwise* - 1 in, 2 out, 3 in, 4 out bending knees down on the in, up on the out, right pom on hip

5-8: Starting with LEFT FOOT March to positions, then HOLD, Knock High V pom to 4 count

1x8: Oh, oh

1-4: **Lasso** - Right/Left High V arm

5-8: March to positions, then HOLD, Knock High V pom to 4 count

1x8: Oh, oh

1-4: **Lasso** - Right/Left High V arm

5-8: March to positions, then HOLD, Knock High V pom to 4 count

Student Assignments:																		
1- 2- 3- 4- 5- 6- 7- U1 -																		
8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 4: ZIPPER																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1	U2		13		11		9				6		4		2		U1	1
2		14		12		10		8		7		5		3		1		2
3																		3

Verse 2

END OF LASSO PIVOT - SPLIT

1x8: (1) I see that look on your

Pivot full turn

STAGE RIGHT # 1-7.U1: 1,2 right foot forward, PUNCH forward right, left on hip; 3,4 half pivot turn left, right on hip 5,6 right foot forward, PUNCH forward right, left on hip; 7,8 half pivot turn left, right on hip

STAGE LEFT #8-14,U2: 1,2 left foot forward, PUNCH forward left, right on hip; 3,4 half pivot turn right, left on hip 5,6 left foot forward, PUNCH forward left, right on hip; 7,8 half pivot turn right, left on

LOW V RIPPLE (front to back) - ALL TOGETHER (3 GROUPS)

1x8: face You ain't hearing what I

1,2: ALL Inverted T

3-8: ALL hold Inverted T while waiting for count; *on count* Low V, pop right knee

GROUP 1: 3,4 #6-9

GROUP 2: 5,6 #4,5,10,11

GROUP 3: 7,8 #1,2,3,12,13,14,U1,U2

PUNCHOUT - ALL TOGETHER *ARMS at 2:00 & 10:00

1x8: say (instrumental) so I'll

Punchout with Jazz Square: 1,2 Right Punch forward, step right foot forward; 3,4 Left Punch forward, cross left foot over right; 5,6 T, step right foot back to previous position; 7,8 arms down to Low V, step left foot back next to right

SHIMMY SHAKE - SPLIT FORWARD & BACK

Roll poms up *straight forward* to Goal Post and back down.

1x8: say it again 'cause I been where ya been and I know how it ends, you *can't get*

BACK ROW: #1,3,5,7,8,10,12,14 - March one row forward, roll poms up shimmy to Goal Post

FRONT ROW: #U1, 2,4,6,9,11,13,U2 - March one row back, roll poms down shimmy to Low V

1x8: away-ay-ay, don't even look in his

BACK ROW: #1,3,5,7,8,10,12,14 - March one row back, roll poms down shimmy to Low V

FRONT ROW: #U1, 2,4,6,9,11,13,U2 - March one row forward, roll poms up shimmy to Goal Post

V-STEP RIPPLE (back to front) - ALL TOGETHER (3 GROUPS)

1x8: eyes (oh, oh) he'll tell you nothing but

GROUP 3: V-Step - GO ON 1,2 #1,2,3,12,13,14,U1,U2 1 right arm High V, step right foot forward and diagonal right; 2 left arm High V, step left foot forward and diagonal left; 3 right arm to right hip, step right foot back to previous position; 4 left arm to left hip, step left foot back next to right; 5-8 HOLD with hands on hips

GROUP 2: V-Step - GO ON 3,4 #4,5,10,11 1,2 HOLD arms to side; 3 right arm High V, step right foot forward and diagonal right; 4 left arm High V, step left foot forward and diagonal left; 5 right arm to right hip, step right foot back to previous position; 6 left arm to left hip, step left foot back next to right; 7,8 HOLD with hands on hips

GROUP 1: V-Step - GO ON 5,6 #6-9 1-4 HOLD arms to side; 5 right arm High V, step right foot forward and diagonal right; 6 left arm High V, step left foot forward and diagonal left; 7 right arm to right hip, step right foot back to previous position; 8 left arm to left hip, step left foot back next to right

SEXY HIPS MAMBO - ALL TOGETHER

1x8: lies (oh, oh) and you

1-4: Right Forward Mambo (Sexy Hips) - poms remain on hips, 5 step right foot forward transferring weight to right; 6 shift weight to left; 7,8 right foot next to left, hold

5-8: Left Forward Mambo (Sexy Hips) - poms remain on hips, 5 step left foot forward transferring weight to left; 6 shift weight to right; 7,8 left foot next to right, hold

MOVE TO FORMATION: **Spider** - Inverted T Shimmy Shake & March

KNUCKLES - SPLIT GROUPS

1x8: wanna believe that you won't be deceived if you listen to me and take my

1x8: advice (instrumental) He's a

March to new row and Shimmy Shake poms together in front at waist, close to the body.

ALL hold feet in place in new row and continue Shimmy Shake

Student Assignments: 1- 2- 3- 4- 5- 6- 7- U1 - 8 - 9- 10- 11 -12- 13 -14 - U2 -																		
Formation 5: SPIDER																		
Audience (Down Stage)																		
L	8	7	6	5	4	3	2	1	0	1	2	3	4	5	6	7	8	R
1							9				6							1
2						10		8		7		5						2
3	U2				11								4				U1	3
4		14		12										3		1		4
5			13												2			5

Chorus 2 - ALL SPLIT

LOW/HIGH MAMBO [& PIVOT TURN]

1x8: (1) good time cowboy Casanova leaning

1x8: up against the record machine

Low/High Mambo & Pivot Turn

STAGE RIGHT #1-4,U1:

Mambo - 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V;
7,8 step together, Inverted T

Pivot - 1,2 right foot forward, High V; 3,4 half pivot turn left, Inverted T; 5,6 right foot forward, Low V;
7,8 half pivot turn left, Inverted T

STAGE LEFT #11-14,U2:

Mambo - 1,2 left forward mambo, Low V; 3,4 step together, Inverted T; 5,6 right back mambo, High V;
7,8 step together, Inverted T

Pivot - 1,2 left foot forward, High V; 3,4 half pivot turn right, Inverted T; 5,6 left foot forward, Low V;
7,8 half pivot turn right, Inverted T

Pivot Turn & Low/High Mambo

STAGE RIGHT # 5-7:

Pivot - 1,2 right foot forward, High V; 3,4 half pivot turn left, Inverted T; 5,6 right foot forward, Low V;
7,8 half pivot turn left, Inverted T

Mambo - 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V;
7,8 step together, Inverted T

STAGE LEFT #8-10:

Pivot - 1,2 left foot forward, High V; 3,4 half pivot turn right, Inverted T; 5,6 left foot forward, Low V;
7,8 half pivot turn right, Inverted T

Mambo - 1,2 right forward mambo, Low V; 3,4 step together, Inverted T; 5,6 left back mambo, High V; 7,8 step together, Inverted T

DIAGONAL

1x8: (He 1) looks like a cool drink of water but he's

Diagonal - moving OUT High V points out, moving IN High V points in

STAGE RIGHT #1-7.U1: 1-4 OUT *angled to front right corner of stage*, right foot step, together, step, touch; 5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14.U2: 1-4 OUT *angled to front left corner of stage*, left foot step, together, step, touch; 5-8 IN move back to starting position, right step, together, step, touch

ROCKING CHAIR

1x8: candy-coated misery he's the

Rocking Chair Sway

STAGE RIGHT #1-7.U1: *angled to front right corner of stage* - 1 step right foot forward, 2 shift weight to left, 3 step right foot back, 4 shift weight to left, while swaying low poms, bending elbows, swinging poms to shoulders 1 right, 2 left, 3 right, 4 left; 5-8: Repeat

STAGE LEFT #8-14.U2: *angled to front left corner of stage* - 1 step left foot forward, 2 shift weight to right, 3 step left foot back, 4 shift weight to right, while swaying low poms, bending elbows, swinging poms to shoulders 1 left, 2 right, 3 left, 4 right; 5-8: Repeat

DIAGONAL

1x8: devil in disguise, a snake with blue eyes and he

Diagonal - moving OUT High V points out, moving IN High V point in

STAGE RIGHT #1-7.U1: 1-4 OUT *angled to front right corner of stage*, right foot step, together, step, touch; 5-8 IN move back to starting position, left foot step, together, step, touch

STAGE LEFT #8-14.U2: 1-4 OUT *angled to front left corner of stage*, left foot step, together, step, touch; 5-8 IN move back to starting position, right step, together, step, touch

PUNCH-UP RIPPLE

1x8: only comes out at night, gives you

1x8: feelings that you don't wanna fight you better run for your life

Punch-Up OUT/IN - Wait for count in Inverted T position

STAGE RIGHT #1-7,16: 1,2 Turn right to face audience step right left, poms in Inverted T

OUT: On the first count right hand on hip, pop out right knee, punch up left arm; on the second count left hand on hip, pop out left knee, punch up right arm

IN: Repeat above moves

3,4 #7; 4,5 #6; 5,6 #5; 6,7 #4; 7,8 #3; 8,1 #2; 1,2 #1,16; 2,3 #2; 3,4 #3; 4,5 #4; 5,6 #5; 6,7 #6; 7,8 #7

STAGE LEFT #8-15: 1,2 Turn left to face audience step left right, poms in Inverted T

OUT: On the first count left hand on hip, pop out left knee, punch up right arm; on the second count right hand on hip, pop out right knee, punch up left arm

IN: Repeat above moves

3,4 #8; 4,5 #9; 5,6 #10; 6,7 #11; 7,8 #12; 8,1 #13; 1,2 #14,15; 2,3 #13; 3,4 #12; 4,5 #11; 5,6 #10; 6,7 #9; 7,8 #8

Repeat Intro 3 (End)

SPLIT (start facing audience) : EXIT (Turn)

LASSO - SPLIT

1x8: (Oh, oh), oh you better run for your

1-4: **Lasso** - STAGE RIGHT #1-7,U1: circle Right High V arm *counterclockwise* - **1** in, **2** out, **3** in, **4** out bending knees down on the in, up on the out, left pom on hip

5-8: **Turn right** and march toward EXIT, shake Right High V pom to 4 count

1-4: **Lasso** - STAGE LEFT# 8-14,U2: circle Left High V arm *clockwise* - **1** in, **2** out, **3** in, **4** out bending knees down on the in, up on the out, right pom on hip

5-8: **Turn left** and march toward EXIT, Knock High V pom to 4 count

1x8: (Oh, oh) life, Oh, you better run for your life

1-4: **Lasso** - High V arm

5-8: March toward EXIT, Knock pom in Right/Left High V to 4 count while marching

1x8: (Oh, oh)

1-4: **Lasso** - High V arm

5-8: March toward EXIT, Knock pom in Right/Left High V to 4 count while marching

1x8: Instrumental

Finish marching to EXIT

Positions & Formation Numbers									
	Name	#	Start-Columns		Wings		Frog	Zipper	Spider
S T A G E R I G H T		U1	Position 8	Row 4	Position* 8	Row 4	Row 1	Row 1	Row 3
		1	Position 7	Row 3	Position* 7	Row 3	Row 2	Row 2	Row 4
		2	Position 7	Row 4	Position* 6	Row 4	Row 3	Row 1	Row 5
		3	Position 7	Row 2	Position* 5	Row 2	Row 2	Row 2	Row 4
		4	Position 5	Row 3	Position* 4	Row 3	Row 1	Row 1	Row 3
		5	Position 7	Row 1	Position* 3	Row 1	Row 2	Row 2	Row 2
		6	Position 5	Row 2	Position* 2	Row 2	Row 3	Row 1	Row 1
		7	Position 5	Row 1	Position* 1	Row 1	Row 4	Row 2	Row 2
	Name	#	Start-Columns		Wings		Frog	Zipper	Spider
S T A G E L E F T		8	Position 5	Row 1	Position* 1	Row 1	Row 4	Row 2	Row 2
		9	Position 5	Row 2	Position* 2	Row 2	Row 3	Row 1	Row 1
		10	Position 7	Row 1	Position* 3	Row 1	Row 2	Row 2	Row 2
		11	Position 5	Row 3	Position* 4	Row 3	Row 1	Row 1	Row 3
		12	Position 7	Row 2	Position* 5	Row 2	Row 2	Row 2	Row 4
		13	Position 7	Row 4	Position* 6	Row 4	Row 3	Row 1	Row 5
		14	Position 7	Row 3	Position* 7	Row 3	Row 2	Row 2	Row 4
		U2	Position 8	Row 4	Position* 8	Row 4	Row 1	Row 1	Row 3

*Position remains the same