Poms 1B - The Best Day of My Life by American Authors

Moves	Lyrics
Intro (start in **W**)	
Inverted T Wings	1x8: Instrumental 1x8: Woo, woo-ooh, woo
Verse 1 (in **W**)	
High V Punch-Up and Broken V Turn to Front	1x8: I had a dream so big and loud, I jumped so high, I touched the clouds
Hip Ripple Out	1x8: Woah-oh-oh-oh, oh, oh-oh, oh (Woah-oh-oh-oh, oh, oh-oh, oh)
High V Punch-Up and Broken V Turn to Back	1x8: I stretched my hands out to the sky, We danced with monsters through the night
Hip Ripple In	1x8: Woah-oh-oh-oh, oh, oh-oh, oh (Woah-oh-oh-oh, oh, oh-oh, oh)
Pre-Chorus 1	
Formation change to **Reverse W**	
Push Turn to Front, Sashay	1x8: I'm never gonna look back, woah, I'm never gonna give it up, no
Sashay and Shake Shake (on 7,8)	1x8: Please don't wake me now
Chorus 1 (in **Reverse W**)	
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Post-Chorus 1	
Formation change to **Zipper**	

Sashay	1x8: (Woo, woo-ooh, woo) Woo
Sashay	1x8: (Woo, woo-ooh, woo)
Verse 2 (in **Zipper**)	
High Sweep Out and In	1x8: I howled at the moon with friends, And then the sun came crashing in
Inverted T and Diagonal Ripple (High V faces Out)	1x8: Woah-oh-oh-oh, oh, oh-oh, oh (Woah-oh-oh-oh, oh, oh-oh, oh)
High Sweep Out and In	1x8: But all the possibilities, No limits, just epiphanies
Inverted T and Diagonal Ripple (High V faces In)	1x8: Woah-oh-oh-oh, oh, oh-oh, oh (Woah-oh-oh-oh, oh, oh-oh, oh)
Pre-Chorus 2	
Formation change to **Split Diagonals**	
Sashay	1x8: I'm never gonna look back, woah, I'm never gonna give it up, no
Sashay and Shake Shake (on 5,6) *Only 6 counts*	*1x6:* Just don't wake me *now* *Missing 2 counts - SHAKE ON NOW*
Chorus 2 (in **Split Diagonals**)	
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Post-Chorus 1	
Formation change to **Reverse Split Diagonals**	
Sashay	1x8: (Woo, woo-ooh, woo) Woo
Sashay	1x8: (Woo, woo-ooh, woo)
Bridge (in **Reverse Split Diagonals**)	

Windmill Ripple Out	1x8: I hear it calling outside my window
Windmill Ripple In	1x8: I feel it in my soul (soul)
Shimmy Up	1x8: The stars were burning so bright, The sun was out 'til midnight
Ful Broken V Turn	1x8: I say we lose control (Control)
Interlude (in **Reverse Split Diagonals**)	
Hip, Hip, Hold, Inverted T	1x8: Instrumental
Wings	1x8: (Woo, woo-ooh, woo)
Chorus 2 (in **Reverse Split Diagonals**)	
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Jazz Square x2	1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my
Mambo Cha Cha	1x8: life, My li-i-i-i-i-i-ife
Outro (in **Reverse Split Diagonals**)	
High V Turn Ripple	1x8: (Woo, woo-ooh, woo) This is gonna be, this is gonna be, gonna be the best day of my
Exit TBD	1x8: life (Woo, woo-ooh, woo) Everything is lookin' up, everybody up now 1x8: (Woo, woo-ooh, woo) This is gonna be the best day of my 1x8: life (Woo, woo-ooh, woo) My li-i-i-i-i-i-ife